**Video guidelines and consent form**

Please follow the recording guidance below:

* Choose a blank wall as your backdrop if you can.
* Record your video whilst **playing along to the track which should be listened to on headphones**, so that it cannot be heard on your recording.
* Start filming before starting the backing track.
* Film in landscape. Try to ensure your entire instrument is visible in the frame.
* Pause for a moment at the end of your recording before stopping the recording.
* **Check your recording**. Listen for any distortion or obvious background noise.
* Do not be concerned about any small mistakes as the final version will hopefully include a large number of performers.
* Please only **send one recording** of your performance. If you have a few goes, just send the one you think looks and sounds the best.

If you are 18 years or older, please amend the form accordingly, as video sharing permission is required for all participants. Once you have completed your video and consent form please email to **music.service@bolton.gov.uk**

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| **Video Consent Form****Name of Student/Adult (please delete as appropriate)…………………………………………………………………………Parent/Carer………………………………………………………………****I give my permission for Bolton Music Service to include the attached video on their website and social media channels as part of a Bolton Music Service Band Jamvideo presentation.****Date…………………………………………………..**  |