

Vocal Skills Ladder

Transitioning through Vocal Register:

- Having smooth transitions from your lower notes, into chest voice, belting and head voice/falsetto is helpful for songs that cover a wide range and makes it easier to reach higher notes and sing larger intervals.
- Exercises to encourage smooth transitions through the vocal register include *Sirens*: humming starting from your lowest comfortable note, gradually ascending in pitch and then descending back to the original starting note; and *Pitch Glides*: with an 'ee' vowel and with a starting note which is comfortable, slide up with each note until a full octave has been sung, then repeat the same vowel sound and action descending. Repeat on higher and lower notes where the transition of sound would occur.

Suggested songs that require smooth transitions through the upper and lower vocal register include "A Thousand Miles" - Vanessa Carlton, "Wake Me Up" - Avicii, "Yours" - Ella Henderson, "Marry You" - Bruno Mars, "Feeling Good" - Muse & "Skinny Love" - Birdy.